

# **Summer Lunch Weekend Snack Pack**

The Weekend Snack Pack is distributed each Friday to school age kids who are participants of the Summer Lunch Program and are at risk of going without a meal during the weekend. The Summer Lunch Program is a 9-week long program which provides meals to school age children who are typically on the free and reduced lunch during the school year.

## **Each pack should include:**

## 2 juice boxes

#### Pick 2 items from this list

- Individual cereals
- Pop-Tarts
- Packets of individual oatmeal
- Cereal bars
- Pre-packaged muffin bites

#### Pick 2 items from this list

- Fruit Snack
- Fruit cup
- Apple Sauce
- Pudding
- Jell-O

#### Pick 4 items from this list

- Chips
- Pretzels
- Cheese crackers
- Cookies
- Veggie chips
- Fruit Roll-Ups

### Pick 2 items from this list

- Mac & Cheese (ex: Easy Mac Cup)
- Tuna: lunch to go
- Chicken: lunch to go
- Pasta meals (Ex: Chef Boyardee ravioli/cans or microwavable cups)